#### **OUR PROGRAMS**

At CHYTC, we offer a variety of services to support holistic growth and healing:

## CULTURAL & TRADITIONAL TEACHINGS

 Learn the teachings of the Medicine Wheel, discover Indigenous ceremonies, and embrace cultural practices that promote healing and unity.

## LAND-BASED EDUCATION PROGRAMMING

 Engage in nature-based learning: identify medicinal plants, understand the land, and build a deeper connection with nature.

#### THERAPY & COUNSELLING

 Receive individual counseling and therapy to support mental health, healing from trauma, and emotional well-being.

#### LIFE SKILLS DEVELOPMENT

 Build essential skills such as time management, organization, and educational support to prepare for the future.

#### **HEALTH & WELLNESS**

 Gain awareness of mental health, develop coping strategies, and learn how to manage stress in healthy ways. "Clear Hills Youth Treatment
Centre is a place where strength
of tradition meets the power of
healing. This Centre will guide
the next generation towards a
brighter and more resilient future."

~ Bruce Horseman (Board Member)

**WE THANK THE CREATOR** 



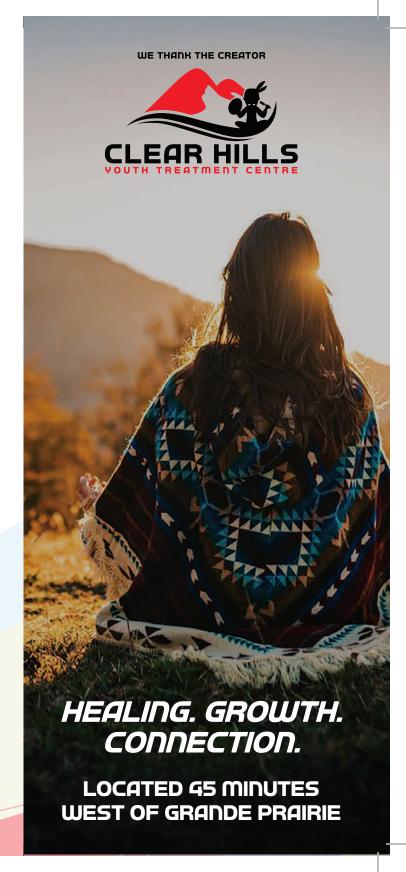
#### **CONTACT US**

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Visit Us Online

LICENSE # MHSP410000283



#### **ABOUT US**

Clear Hills Youth Treatment Centre (CHYTC) is a safe and nurturing environment where youth can begin their journey toward healing and transformation. Located just 45 minutes west of Grande Prairie, CHYTC offers a comprehensive 90-day treatment program that is culturally focused, combining traditional Indigenous teachings with modern therapeutic practices.

Our 10-bedroom facility welcomes youth ages 12-17 of all genders, and is designed to create an inclusive and supportive atmosphere

where young people can grow and succeed.

#### **WHAT WE OFFER**

10 bedroom facility

**Age of Participants:** 12–17 years of age

Progam length: 12 weeks

### CONTINUOUS

Come When the Time is Right



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#### **ALL GENDERS**

You Are All Welcome Here

#### LAND-BASED

Healing with Mother Earth





#### HOLISTIC

Mental, emotional, spiritual, physical, environmental

## OUR TRAUMA INFORMED CARE PROGRAM PROVIDES:

- Cultural Reconnections
- Education
- Family Involvement
- Aftercare and Follow up

#### **SERUICES OFFERED**

- Cultural & Traditional Teachings
  - Medicine Wheel Teachings
- Land Based Education Programming
  - Nature-based learning, identifying medicinal plants, understanding the land
- Therapy and Counselling
  - Individual Counselling
- Life Skills Development
  - Time Management and Organizational Skills
  - Educational Support tutoring, homework help
- Health and Wellness

 Mental Health Awareness and coping strategies

